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The state regulatory industry is constantly evolving, but is it keeping up with the demands of innovation

In this inaugural episode of In the Loop, [Derek Storms](#) and [Kareeme Tucker](#) discuss the complexities of balancing regulations with the needs of the industry. Derek Storms, a former supervisor with the Missouri Division of Finance, and Kareeme Tucker, a former examiner and Mortgage Originations Training Team Supervisor with the North Carolina Commissioner of Banks, share how they entered the regulatory field, how they manage constant changes in laws and technology, and how they approach exams as opportunities to coach and guide, but also enforce when necessary.

In this episode, you'll learn:

- How state regulators are bridging gaps to build trust
- Practical strategies for staying up-to-date with regulatory changes
- Key lessons from decades of combined regulatory experience

Things to listen for:

[\(00:00\)](#) Introduction

[\(00:57\)](#) Why Derek and Kareeme decided to start this podcast

[\(03:48\)](#) Rapid fire favorites: personal preferences and fun facts

[\(07:32\)](#) How examiners manage work-life balance in their role

[\(09:04\)](#) Staying current on evolving rules and regulations

[\(12:15\)](#) How Derek and Kareeme became regulators in their field

[\(17:31\)](#) Common misconceptions about examiners and regulators

[\(19:03\)](#) What examiners actually do on a day-to-day basis

[\(20:47\)](#) The difference between auditors and examiners – A funny story

- ([21:40](#)) Most rewarding moments from working as a regulator
- ([23:38](#)) How Kareeme became a Pittsburgh Steelers fan
- ([26:02](#)) Living the tiny house life: a personal challenge
- ([29:53](#)) Dream superpowers: What would they be and why
- ([32:27](#)) Bridging the regulatory gap: improving collaboration across states

Resources

Derek Storms' LinkedIn: <https://www.linkedin.com/in/derek-storms-81026269/>

Kareeme Tucker's LinkedIn: <https://www.linkedin.com/in/kareemetucker/>

Examiners know the drill—new city, long day, and one important question: Where are we eating? Introducing the ***In the Loop Pizza List***—a delicious collection of favorite pizza spots from across the country, built from more than 10 years of examiner feedback.

Got a favorite pizza joint? Send it our way—we'd love to add it.

This list is not an endorsement by the Conference of State Bank Supervisors, just our best attempt to make sure no examiner suffers through bad pizza on the road.

[View the In The Loop Pizza List](#)